

Salford to Martin 2015

As part of our final year nursing degree, two of us embarked on an exciting yet challenging placement in Slovakia at the Comenius University Hospital, Martin. Over the four weeks that we spent in Martin we experienced nursing care in a variety of settings, including theatre, post-operative care and internal medicine. Undertaking an International Placement allowed us to revisit our foundations of nursing knowledge and implement transferrable clinical skills. During our time in the hospital we worked alongside English speaking mentors and were supported by student nurses from the University, who played a big part to ensure we gained the most out of our time spent in Slovakia.



Alongside our clinical placement adjusting to the Slovak lifestyle, meeting new people and overcoming the language barrier tested our communication skills. The nurses and students we met during our stay in Martin made us feel

welcome and went the extra mile in their spare time to show us the beautiful towns and mountains around Martin.

Whilst being challenging at times, the experience has built our self-efficacy and made us aware of our strengths and limitations, both personally and professionally. By networking and building on our knowledge of global nursing issues we feel better prepared to begin our professional nursing career.



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