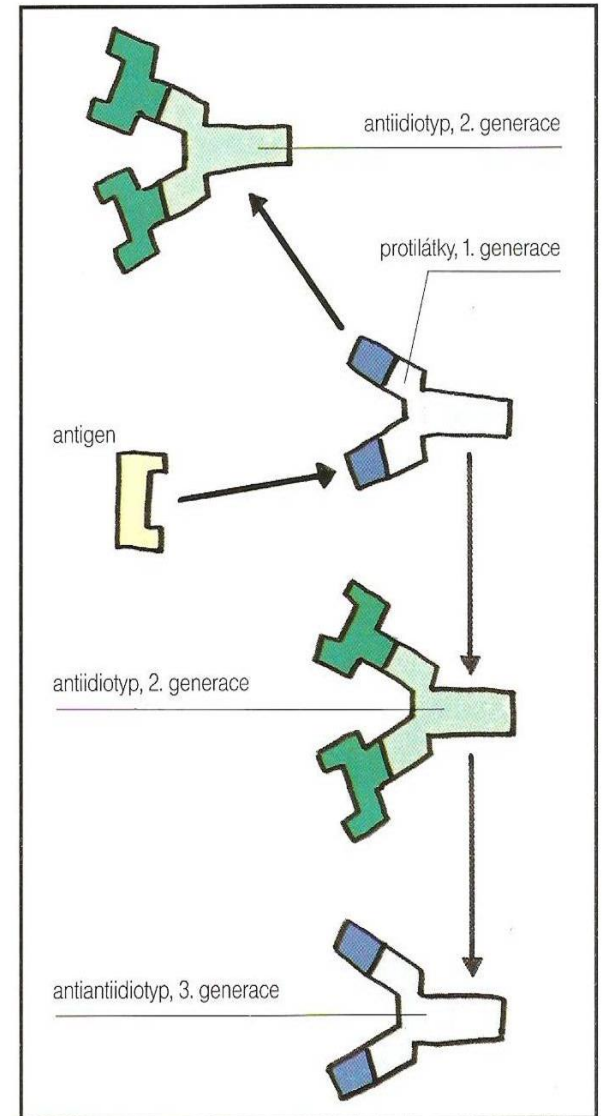


# Autoimmunity

- All of us have many autoantibodies
- Difference is in quantity and consequences
- Mechanisms how normal immunity change to autoimmunity are multiple
- Disease from autoimmunity arises when autoimmunity changes normal reactions

# Idiotypes and autoimmunity



Obr. 8: Vznik antiidiotypických protilátek indukovaný antigenně působícím konečným dílem variabilní oblasti protilátky.

# Autoimmunita

Immunology 12

Autoimmunity

# Self vs. not self

- Innate IS – based on very rough nonspecific receptors to detect self/non self
- Specific IS – must recognise many tiny details – based on BCR resp. TCR, generated
- **BCR / TCR** – some can recognise self others non self molecules
- SYSTEM to discriminate and control cells with receptors to detect self molecules

# Autoimmunity is a complex

- RA, DM, MS, SLE,
- psoriasis, Crohn disease, autismus .....

**Conditioned** – by different mechanisms

**Risks** – different influences (genetic, metabolic, environmental ....)

COMMON FOR ALL – disruption of tolerance of self

- disease of IS to recognise and discriminate self and non self and inhibit the selfdisrupting processes

# Tolerancem of self

- TOLERANCE – not able to answer to epitope with agresive reaction
  - based on innactivation or killing the cells with receptors (BCR/TCR against self molecules) – not by production of new ones
  - produced during the development – Central tolerance
    - or
    - when LY - in circulation – Periferal tolerance
    - HOW ??

# Central tolerance

- during differentiation of T and B in primary organs (thymus, bone marrow)
- apoptosis of autoreactive cells.
- **negative selection**

In Bone marrow B lymphocyte with IgM (BCR) against self  
– apoptosis

In Thymus T lymphocyte (CD4+ alebo CD8+) meet pMHC I or pMHC II on the TCR – apoptosis

Problems – not every self antigen enter in contact with lymphocytes in primary organs during lymphogenesis

THAT'S WHY....

# Periferal tolerance

Other mechanisms to control and eliminate autoreactive lymphocytes after they lefr bome marrow

- **ANERGY** – nonresponsivness after specific antigen is bound
- **SUPPRESSION** – regulative cells inhibit activity of other cells



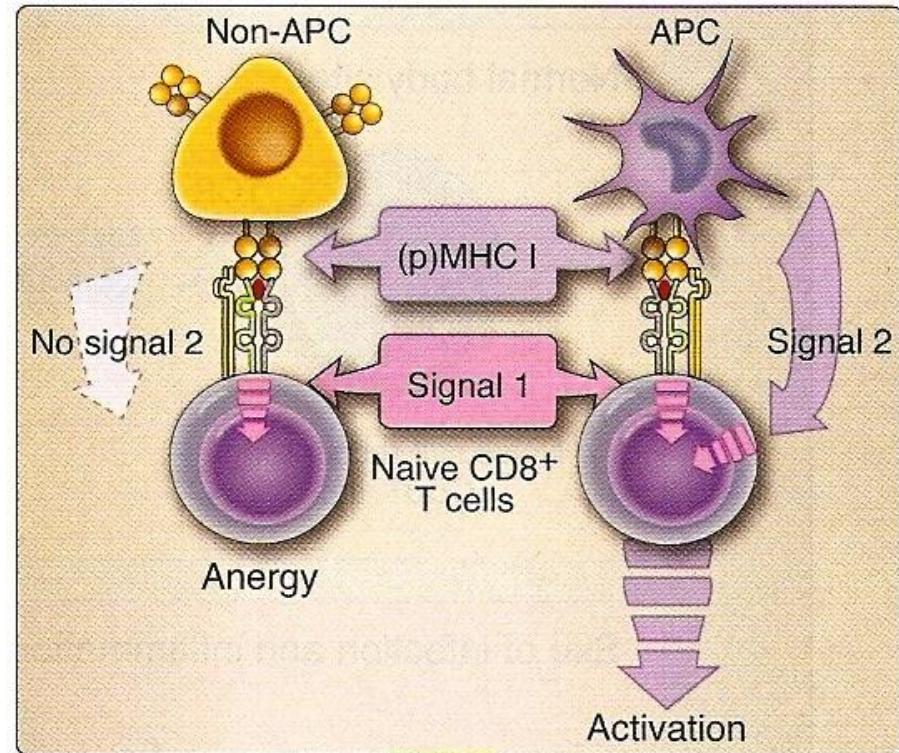
# Anergy

Binding of Ag on TCR T CD48+ via MHC I

Antigen was not processed by  
APC

no secondary signal

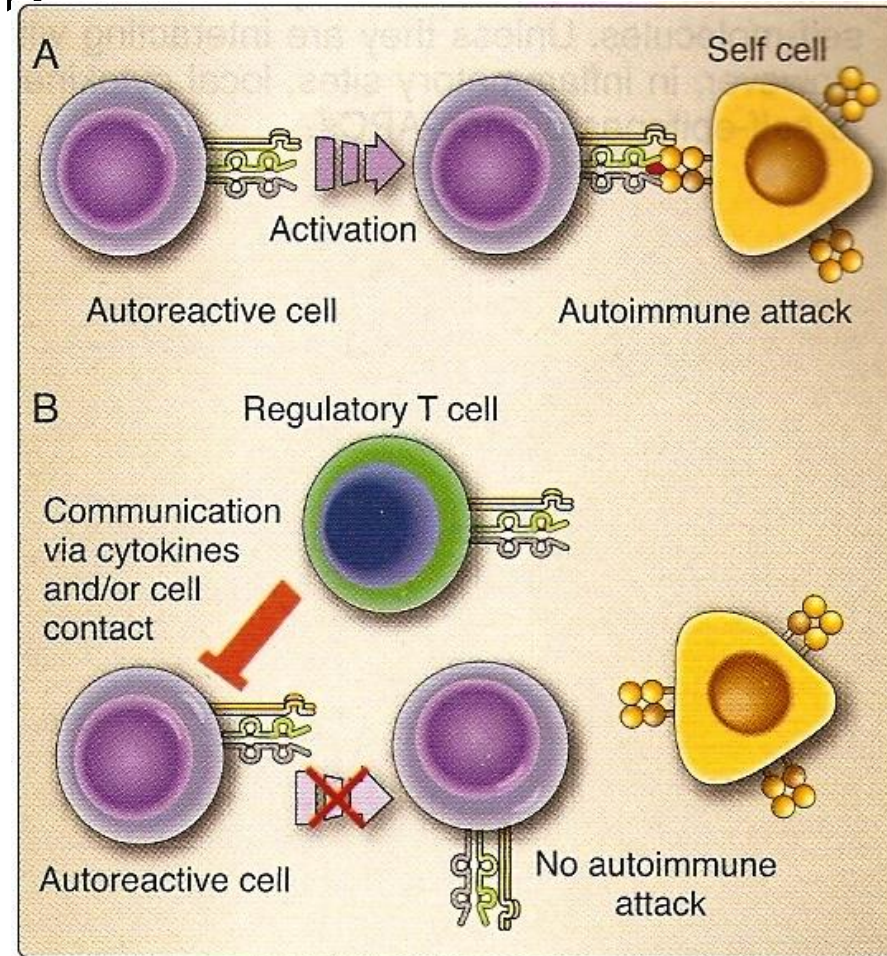
1st signal without 2nd leads to  
**ANNEERGISATION** of T cell



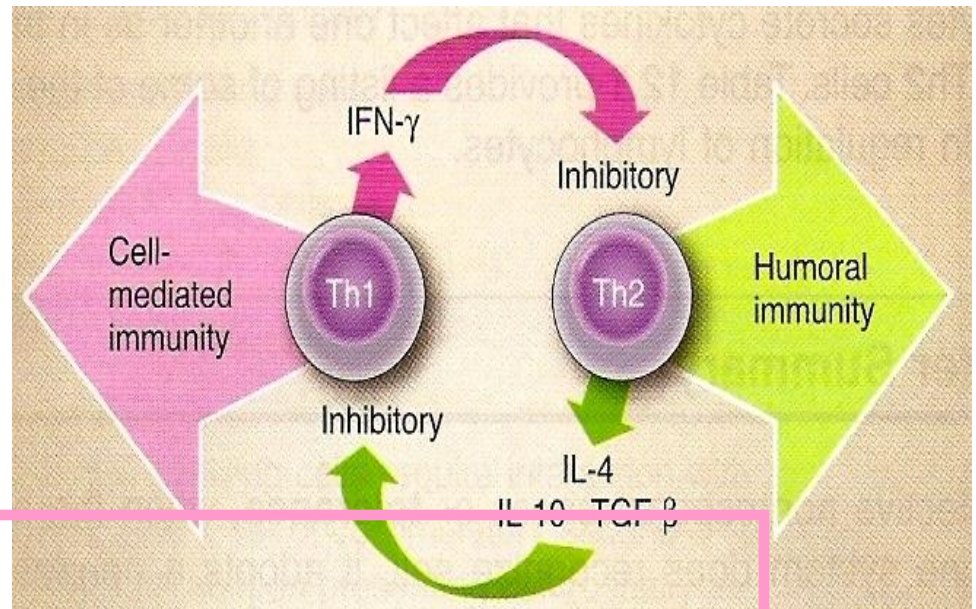
Anergised T cells cannot be activated even not after the  
additional 2nd signal – **PROBLEMS** = disease

# Suppression- inhibition of regulatory cells

- Regulatory cells = T cells
  - CD4+CD25+ prevencia IBD
  - CD8+ inhibition of CD4+ in DTH
  - CD8+ a CD4+ subpopulations
    - inhibition of Ab production
- Balance in Th1 and Th2
  - influences if the disease arises or not
- an antigen:
  - dominance of Th1 = 0 inflamation,
  - dominance of TH2 = CM inflamation



# Th1/Th2 theory of hygiene



Th2

IL4, IL10, TGFβ

- production of Ab, class switch, decreases activity of Th1

Th1

IFγ – activity of macrophages, stimulation of IgG1, IgG3(primary opsonising Ab, phagocytosis), inhibition of Th2

- The same antigen can increase Th1 and Th2 reaction

# Loss of tolerance of self

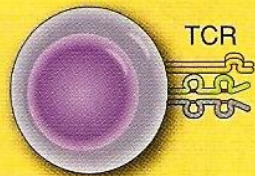
- Molecular mimicry
- Spread of epitopes
- Loss of suppression
- Sequestered antigens
- Neoantigen

# Inflammation and autoimmunity

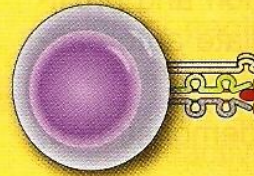
- Infection – commonly to start autoimmunity.
- Big amount of endogenous cytokines activate T cells, without APC and even annergised cells
- Inflammation in the place of infection = proinflammatory cytokines
- TCR recognise self molecules – big amount of nonspecific signals to activate without the 2nd signal from APC

# Inflammatory cytokines nonspecifically activating T cells

Normal body site



Naive self-recognizing  
CD8<sup>+</sup> cell



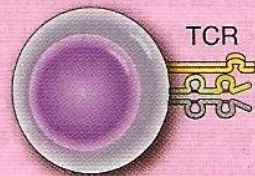
Non APC cell

pMHC I

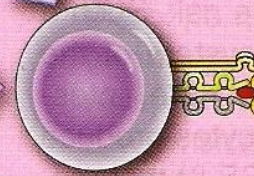


No activation due  
to lack of APC  
cytokine signals

Site of infection and inflammation

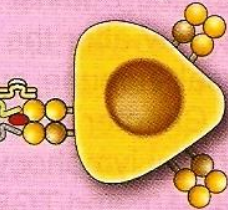


Naive self-recognizing  
CD8<sup>+</sup> cell



Non APC cell

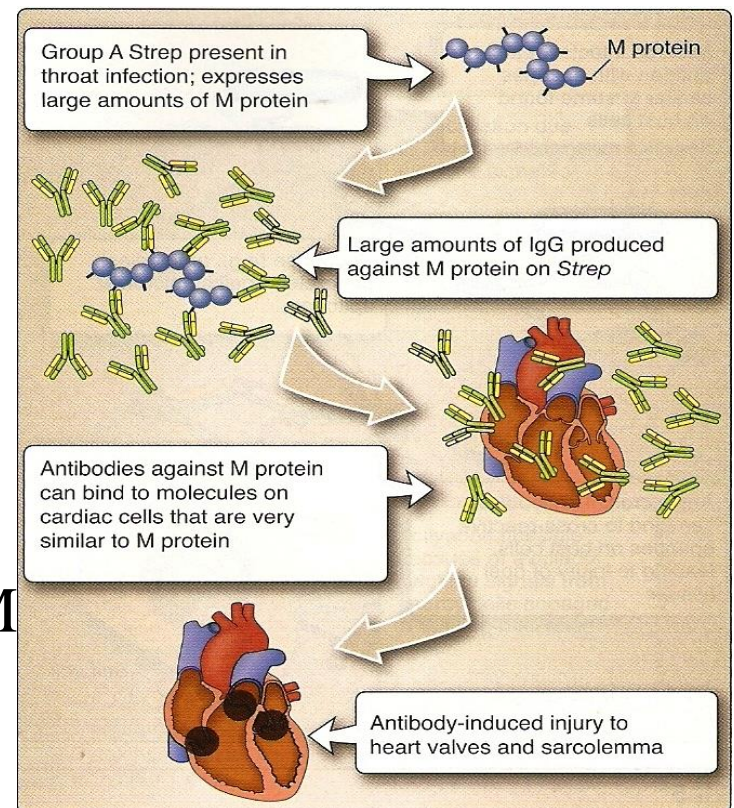
pMHC I



Activation possible  
because of available  
cytokine signals from  
nearby cells engaged  
in fighting infectious  
agents

# Molecular mimicry

- Infection caused by microbe starts specific autoimmune disease because of similarity of microbe antigen with human structures
- *Str.pyogenes* – M protein joins, kidney, heart – RA
- Coxackie virus, CMV – glutamat decarboxylase – DM 1
- CMV, VHC, morbili virus fosfatase IA-2 – enzyme of  $\beta$  cells of pancreas - DM



# Spread of epitope

- Epitope starting autoimmunity does not necessarily need to be similar to self
- Viral infection disrupts self structure of the body, and discloses antigens against that autoimmunity will be directed
- (viral infection start reaction against epitopes of myelin sheath., SM)
- Disease has period of calm and relaps. During relaps – reaction is against the same antigen or also other new antigens



# Sequestered antigens – exclusion (outside reach of IS)

- Some structures are not reachable by IS

## **Immunologically privileged places**

organs – cornea, anterior chamber of eye, brain,  
intrauterine surface in gravidity

molecules – **cryptoantigens** – not reachable by  
immunocompetent cells because hidden

after the shape of molecule is changed – denaturation,  
processing, binding – disclosure of hidden antigens –  
production of antibodies

# Reumotoid factor: RF

- reumatoid = reumatism-like
- IgG molecule against Str.pyogenes (and also heart structure....) binds => changes in 3 dimensional conformation of Fc fragment => disclosure of antigens  
=> production of IgM against Fc fragment of IgG = RF
- Binding of IgM on IgG produces immunocomplexes. RF present in several autoimmune diseases

# Sequestered antigens

- Structures outside IS

Exposed after injuries, inflammations – when border separation from IS are broken:

- spermia in testes, thyroid gland.....

.

- Loss of suppression – decrease of suppressors with the age., previously suppressed cells are activated – with the age some AI diseases become more frequent (. **SLE – systemic lupus erythematosus**)
- Neoantigens – self structure is changed by binding to a foreign (chemical) structure– what makes it nonself. Not real autoimmunity – finishes after exposition is over

# Autoimmune diseases

- Systemic - diffuse vs. specific organ
- Different molecules, organs, tissues – tissue present in different organs (SLE)
  - Crohn disease – ileum
  - Goodpasture's disease – kidney, lung
  - Hashimoto thyroiditis – thyroid gland
  - IDDM type I –  $\beta$  cells of pancreas
  - Sclerosis multiplex (white matter of
  - Sjorgen sy – tear chanals

Disease is based on by cell mediated or humoral immunity

# Humoral reaction

- Binding of autoreactive Ab (IgG or IgM => hypersensitivity II. or III. type

Mechanisms: activation of C', opsonisation, inflammation, disruption of target cells and tissues.  
Autoreactive T cells stimulate autoreactive B cells

Examples: (II.) Hemolytical anemia, Goodpasture sy, Hashimoto thyreoiditis, Reumatic fever, (III.) Reumatic arthritis, Systemic lupus – II+III

# CMI- autoimmunity reactin – cell mediated immunity

- Hypersensitivity IV.
  - cytotoxic T cells
  - (Delayed Type Hypersensitivity – DTH) - macrophages based

Examples: IDDM – 1., MS, RA, reactive arthritis,  
Reumatoid arthritis

| Affected Tissue   | Disease   | Target Antigen   |
|---|---|--|
| Anterior parts of the eye   | Uveitis (anterior)                                | Beta B1-crystallin, other proteins of the ciliary body epithelium    |
| Connective tissue   | Scleroderma                                       | Scl-70, PM-Scl antigens  |
| Erythrocytes  | Autoimmune hemolytic anemia                       | Erythrocyte surface molecules  |
| Heart valves and sarcolemmal membranes  | Rheumatic fever                                   | Streptococcal M protein, cardiac muscle antigens                     |
| Joints of lower extremities; sometimes eyes and genital, urinary, or GI systems | Reiter's disease (reactive arthritis)             | Possible association with infectious agents                          |
| Kidneys, lungs  | Goodpasture's syndrome                            | Type IV collagen of basement membranes                               |
| Large intestine   | Ulcerative colitis                                | Unknown  |
| Lower spine   | Ankylosing spondylitis                            | Unknown  |
| Myelin of the central nervous system  | Multiple sclerosis                                | Myelin proteins (several)  |
| Pancreatic islet $\beta$ cells  | Type I insulin-dependent diabetes mellitus (IDDM) | Glutamate decarboxylase, preproinsulin, other $\beta$ cell products  |
| Platelets   | Thrombocytic purpura                              | Platelet integrin molecules  |
| Skeletal muscle   | Myasthenia gravis                                 | Acetylcholine receptor   |
| Skeletal muscle   | Polymyositis                                      | Jo-1, PM-Scl antigens  |
| Skin  | Pemphigus vulgaris                                | Desmoglein-3   |
| Skin  | Psoriasis   | Unknown, but there is some association with streptococcal infections |
| Skin, vasculature, muscle, joints, kidney                                       | Systemic lupus erythematosus (SLE)                | Nucleic acids, chromosomal proteins                                  |
| Small intestine   | Crohn's disease                                   | Unknown  |
| Spermatogonia, sperm  | Male sterility (??)                               | Unknown  |
| Synovial membranes, joints  | Rheumatoid arthritis                              | Unknown  |
| Tear ducts  | Sjögren's syndrome                                | Ro/SS-A antigens   |
| Thyroid gland   | Graves' disease                                   | TSH receptor   |
| Thyroid gland   | Hashimoto's thyroiditis                           | Thyroglobulin  |



# HLA – connection with autoimmune diseases

- Risk of autoimmune disease can be connected with HLA genes
- Sometimes one HLA gene is connected with several diseases
- Mechanisms are not clear, statistical connection influenced by processing and presentation of epitopes to T cells
- Strength of statistical connection = RR = relative risk

# Relatívne riziko-RR

- compare frequency of disease in carriers of gene to not carriers of the gene
- calculated for a certain group of people
- usually about (2-5) – other factors influence

|                              | DR3 <sup>+</sup> | DR3 <sup>-</sup> |
|------------------------------|------------------|------------------|
| Graves' disease <sup>+</sup> | 4                | 2                |
| Graves' disease <sup>-</sup> | 1996             | 3998             |
| Total                        | 2000             | 4000             |

Frequency of Graves' disease among DR3<sup>+</sup> individuals

$$\frac{4}{(4 + 1996)} = \frac{4}{2000} = 0.002$$

Frequency of Graves' disease among DR3<sup>-</sup> individuals

$$\frac{2}{(4 + 3998)} = \frac{2}{4000} = 0.0005$$

$$\text{Relative risk} = \frac{0.002}{0.0005} = 4$$

- (HLA B 27:ankylosing spondylitis = 100)

# HLA connection to autoimmune diseases, RR

| Disease                                    | HLA Gene <sup>a</sup> | Relative Risk <sup>b</sup> |
|--|-----------------------|----------------------------|
| Acute uveitis                              | B27                   | 10                         |
| Ankylosing spondylitis                     | B27                   | 100                        |
| Goodpasture's syndrome                     | DR2                   | 15                         |
| Graves' disease                            | DR3                   | 4                          |
| Hashimoto's thyroiditis                    | DR5                   | 3                          |
| Type I insulin-dependent diabetes mellitus | DR3/DR4 heterozygote  | 20–25                      |
| Multiple sclerosis                         | DR2                   | 5                          |
|  | DR3                   | 10                         |
| Myasthenia gravis                          | DR3                   | 3                          |
|  | B8                    | 3                          |
| Pemphigus vulgaris                         | DR4                   | 15                         |
| Psoriasis vulgaris                         | Cw6                   | 5–13                       |
| Reiter's disease                           | B27                   | 35                         |
| Rheumatoid arthritis                       | DR4                   | 4                          |
| Systemic lupus erythematosus               | DR3                   | 6                          |

# Detection of autoantibodies

antibody against several structures:

**anti nuclear** antibodies ANA – homogenous, speckled, rough speckled, centromer.....

- - extracted nuclear antibodies ENA
- - anti ds DNA antibodies dsDNA
- - anti ss DNA antibodies ssDNA
- - anti myeloperoxidase antibodies – anti MPO
- - .....

# Principal of immunofluorescence detection of antibodies

cells of animals + serum of patient + conjugate anti  
hu IgG labelled by fluorochrome IFA method

