



A L L O C A T I O N L E T T E R
for the compulsory summer practice in the academic year 20..../20....

This is to confirm that: (name and surname), born on: (date of birth) is a full-time student of the 2nd year of the **General Medicine** study program at Comenius University Bratislava, Jessenius Faculty of Medicine in Martin in the academic year 20..../20.... .

As a part of the study plan, the student has to complete specialized practice in the subject:
Nursing summer practice – 2 weeks (80 hours)

prof. Andrea Čalkovská, M.D., D.Sc. m.p.
Dean

CERTIFICATE – NURSING SUMMER PRACTICE

I hereby certify that the above-mentioned student has completed the summer practice at the
Department of.....

from (start date) to (finish date)

Name and Full Address of the Institution:

.....
.....

Name and Surname of the Senior Nursing Officer:

.....
Date

.....
Stamp and signature of the Head of Department

Note to students: after completion of your practice, please email this **fully completed and signed** form to michaela.miertova@uniba.sk





Subject: **Summer Practice – Nursing Practice**

Length of practice: **80 hours (2 weeks, 8 hours per day)**

Realisation: **after the 4th semester (after passing the subject Basic Nursing Techniques)**

ECTC: **1**

The aim of the subject:

Within completion of the subject student will apply fundamental principles of nursing care provision and will respect standard procedures of selected nursing techniques and interventions while providing nursing care to the patients in real conditions of clinical nursing practice. Student will implement reliable evidence-based information for safe healthcare practice. Acquired clinical competences together with ability to argue for and justify the method / technique of the procedure chosen will be the basis for the ability to manage basic and frequently occurring clinical nursing situations and react to them correctly in real clinical practice in the future.

After completion of this subject while performing nursing procedures student will be able to:

- argue for and justify the method / technique of the procedure chosen,
- prepare equipment and supplies necessary to carry out the procedure,
- assess the patient in relation to the procedure,
- provide instructions and support the patient prior to the procedure,
- prepare the patient for the procedure from physical perspective,
- carry out the procedure independently while following clinical standards and guidelines, respecting the principles of asepsis, including hand hygiene,
- communicate with the patient during the procedure, provide patient education / instruction after the procedure,
- record and document the procedure and value assessed,
- process all the equipment and items used.

Syllabus (content of practice)

Hand hygiene – hand washing procedure, alcohol-based hand rub, donning and removing gloves (sterile, non-sterile).

Dressing technique – types of dressing material, principles and principles of dressing technique, basic dressing techniques, selected types of bandages (bandage of the hand, forearm, elbow, foot, high compression bandage of the lower limb).

Collection of biological material – blood collection – types of examinations, principles and principles of collection, prevention of puncture injuries with a used needle, venous blood collection (open and closed), capillary blood collection (ABR and blood glucose testing).

Parenteral drug administration – general principles of drug preparation and application, preparation of drugs from ampoule and vial, preparation and application of intradermal, subcutaneous (LMWH, heparin, insulins), intramuscular and intravenous injection.

Gastric tube insertion and enteral nutrition - general principles of insertion and removal gastric tube and administration of enteral nutrition and drugs, introduction and removal of gastric tube.

Vital functions – measuring and monitoring vital functions (blood pressure, pulse, breath, body temperature, measuring oxygen saturation with a pulse oximeter).

Bladder catheterization – indications, types of urinary catheters, general principles catheterization of men and women, urine sampling, physical examination of urine, infection prevention urinary tract, practice of straight catheter urine sampling in women, introduction and removal of indwelling urinary catheter in women.

Nursing techniques and procedures in surgery – principles of surgical asepsis, preparation of a sterile table, care of aseptic and septic wounds, types of dressing material, general principles of treatment





and wound dressing; handling sterile aids, surgical instruments and packaging materials – dressing table, dressing of aseptic and septic wounds, treatment of the drain area.

Conditions for subject completion:

- completion of 80 hours of nursing practice under the supervision of a nurse in real conditions of clinical nursing practice (2 weeks, 8 hours per day)

The student gives the following documents to a responsible teacher:

- **Confirmation about Safety Regulations and Record of Arrivals and Departures** to/from Workplace,
- **Confirmed Allocation Letter for Nursing Practice** (Supplement No 1),
- **List of Practical Outputs** (for check) – the student is obliged to perform each output at least 3 times during his nursing practice.